This part of Term seems really busy at the moment. There are many things happening and plans being made for next Term!

**School Athletics Carnival**

Under ideal conditions we held our 2015 Athletics Carnival last week. It was a successful carnival in many ways with 4 longstanding local records being broken, or equalled. These were -

Nic O’Rourke - Junior Boys’ High Jump [1.12m], beating our previous champ Duane Gordon [1.08m]

Jasmine Deas - Junior Girls’ High Jump [1.05m], beating our previous champ Hayley Bryant

Jackson Corrigan – Juvenile Boys’ Long Jump [2.66m], beating the previous champion Levi Cavanough [2.20m]

Mundhra Williams- Juvenile Boys’ discus [14.13m], beating the previous champ Harry Baker [12.47m]

It was really good to see so many families also come to watch the events. On the day, the overall point scores were Richmond House 195
Rous House 242 and our champion House for 2015 is Wilson with 258 points!!

Thank you again to Mrs Maleckar, parents and all the staff who helped out. There was some controversy in the Seniors’ vs Teachers’ race, with some judges not allowing some moves of the heel-to-toe techniques. The rule book on this one needs closer scrutineering no doubt for next year.

In the meantime until the end of Term these events are happening -

**Girls’ Netball Gala Day**

THIS Friday Mr Clarke is taking our netball team to Lismore for a Netball Gala Day. Permission notes went home about this and some still need to be returned. We need private transport please. The team will be away all day.

**Deadly Puppet Show**

The children in Years K/1/2 are off to Casino next Wednesday for a puppet show around keeping safe and being resilient. Permission notes went out last week. The cost is $4. The children will leave school in the morning to be in Casino at 11am for the show. They will return back to school ready for the afternoon session here.

**Dental Van**

This van makes its return this Friday and next Monday. Some families have sent in medical permission notes for the dentists to see the children. If you are needing a follow up, or wish to have a check up again, please return notes before or on Friday. There is no cost and all families will be contacted and spoken to about times etc.
Student Reports information session

Student reports go home at the end of next week. This year we have changed the layout a little of these reports. There will be an information session around this change NEXT MONDAY after our assembly for those who might be interested or for those who are new to the whole report process.

Assembly

There will be a school assembly next Monday with Mrs Hayes Inquiry Learning Class being the host. This starts at 2pm.

Cake Stall

Our parents’ group is holding a cake stall on FRIDAY of NEXT WEEK [June 19th]. They want to raise money to stock the canteen for one day per week. They are asking for donations of cakes to sell on the day. Because most people use the canteen, it would be great if all families could donate to this stall. Cakes will be sold for 20c to $1

NAIDOC Week

The plans for this week – the last week of Term, have been finalised. On Tuesday – June 23rd all the school is off to Evans Head for a cultural walk. A permission note has gone out. There will be no cost for this trip. More details of our NAIDOC week events and celebrations will be in next week’s newsletter.

Paediatricians recommend children and adolescents’ limit screen based media use (SBMU) to less than two hours per day for their health. A recent study (January, 2015) of 2,620 8 to 16 year olds from 25 Australian government and non-government primary and secondary schools found that 45% of 8 year olds to 80% of 16 year olds exceeded the recommended < 2 hours per day for SBMU (TV viewing, Gaming, Social Networking, and Web Use)

Suggestions to help children limit their screen time include:
- No screens before school
- No screens in the bedroom
- Negotiate their use with your child
- Ask if all help around the house and homework is done first
- Use the great outdoors and the local library.