As learners we will: Be Safe, Be Respectful, Be Responsible

From the Principal

It seems Spring is in full action this week with rain, winds, heat and snow around the state. Isn’t our natural world a fascinating ruler!

Smart Start- Kindergarten 2015
This Friday we welcome our Smart Start Kindergarten children into school. Many of these children have been through the Transition room with Jacqui and Binnie. Extra to these children, we are also welcoming however some new friends who we look forward to meeting.

Our parent information morning tea will run THIS FRIDAY for parents of Kindergarten 2015. Please come along, regardless of whether you are a “first time child at school” parent or been through this process many times.

Our Kindergarten parents’ morning will start around 9:30, everyone of course is welcome…..

Keeping it Simple
A lot is in the news at the moment about simplifying the school curriculum. At staff meetings recently we have been talking about concentrating on these basics. Next year we have some plans in place to get down to concentrating on the nitty-gritty in Numeracy and Literacy. We all realise these early skills and understandings must be mastered so children can progress through grades. Keeping things simple with a focus on core education, engaging with learning and student wellbeing seem to be evolving as our mantra for 2015…..stay tuned…..

Don’t forget to write up on your calendars about the school Trivia Night – December 6th – Coraki Bowling Club

In this week’s Pink Paper I wrote a rant about Mental Health Week – which was last week.

Last week was Mental Health Week. While it may seem a long way from the role of Primary schools, it does reinforce to all our staff the importance of having healthy mental skills and outlooks on life. Children need to feel strong, confident and OK with themselves.

Student Wellbeing runs strongly through all we do here at school. Our focus at the moment is about using language to express thoughts and identify what “emotions and feelings” are. Being able to use words that are connected to thoughts is a good start.

Confused?

In real life though it is often fears and worries that can impact on good mental health for children, along with physical things like sleep [VERY IMPORTANT] and diet!! Young kids have big imaginations [eg about monsters] and older children often worry about “possible” things that might happen.

Children need reassurance and support from families to learn how to manage fears and worries.
Chat time……

Please feel free to contact the office to arrange a suitable time to chat about any concerns or questions you may have, or if more convenient please email me at: jane.cottee@det.nsw.edu.au

Cont………………

Giving kids a sense of safety and confidence is a good start. It is important to limit the amount of time they are exposed to violence and anger fuelled situations such as TV and electronic games. A lot of fears often come out at night. Something as simple as a regular bedtime routine can help here, this add to a feeling of security. Giving children skills to cope, to be realistic when needed and to practice resilience are also great. For more ideas on this there are some great sites around…try the Kids Matters site such as – http://www.kidsmatter.edu.au/families, or Google Kids Matter. This is NOT a commercial site and has some good resources.
Enjoy your week ahead

Shakaya Williams 600,610
Jarred Eller 480
Katie Thompson 90
Cody Hawke-Parsons 80
Abbie Ryan Jeffery 520
Caitlyn McIntyre Boyle 30
Caitlin Writer 480
Harry Wilson 470
Nick Battese 540
Phillip Pollock 410
Sam Wilson 440
Adrian Spek 270
Paul Parker 420
Blaire McElligott 210
Teagan Corrigan 310
Ruth Lewer 220
Scott Cavanough 120
Jordan Cartwright 250
Izak Welch 130

Gubi Awards

Harry Baker 470
Jake Spencer 90
Mollee Olive 380, 390
Laci Campton 40
Amber Stewart 390
Tigerlily Corkill 190, 200
Mackenzie Badeley 240
Gaige Little-Federici 230, 240
Tahlia Lindsay 320
Ushtahlia Mercer 190
Jayden Battese 360, 370
Angel Spek 290
Austin Rayner 350
Amber Stewart 400
Brydie Eller 240
Logan Brien 280
Brodie Harvey 10
Juwarn Williams 80
Amber Pollock 180

Enjoy your week ahead

Jane
School Canteen – a tool for learning
As part of the school environment the school canteen is an education opportunity.
The children are learning about the Australian Guide to Healthy Eating.

The children are learning in class about having every day foods most of the time and sometimes foods (chips, confectionary, muesli bars, pies etc.) only sometimes.
Buying lunch from the canteen is a chance to reinforce this message by choosing salad rolls and wraps, sushi, or other every day foods.

Weekly Awards
KCT
Tenitra Williams—Reading well
Riley Eller—Trying hard

1/2 LP
Eliza Thurgate—Contributing to class discussions
Caylem Harvey—Being a respectful class member

1/2 CO
Nico O’Rourke—Student of the Week
Jade Brien—Working well in class

3/4MM
Blaire McElligott—Working well in Maths
Austin Rayner—Working well in Maths

5/6JC
Levi Cavanough—Great attitude to work!
Savannah Partridge—Fantastic creativity

Ms Hayes Group
Bronte Phelps—Great cooperation in Maths
Chenelle Daley—Great reading

Coraki Public School - Smart Start
Smart Start - Pre Kindergarten Classes will be run Fridays in Term 4 from 9.10am – 3pm – starting Friday 17th October and finish 12th December.
Your child’s first day of kindergarten will be Wednesday January 28th 2015.
For further information – contact the school on (02) 66832073.

Brain Teasers for Kids………

Last weeks answer -
You can see a beautiful red house on your left and a mesmeric green house on your right, a warming and attractive pink house on your front. Then where is the white house?

A: The White House is in United States

This weeks teaser………..

What word becomes a Palindrome (reads the same forward or backward) when viewed upside down and backwards?
Year 3/4 MM have been having a great time making lava Lamps—some worked better than others! Science experiments are a great way to learn in a fun environment.